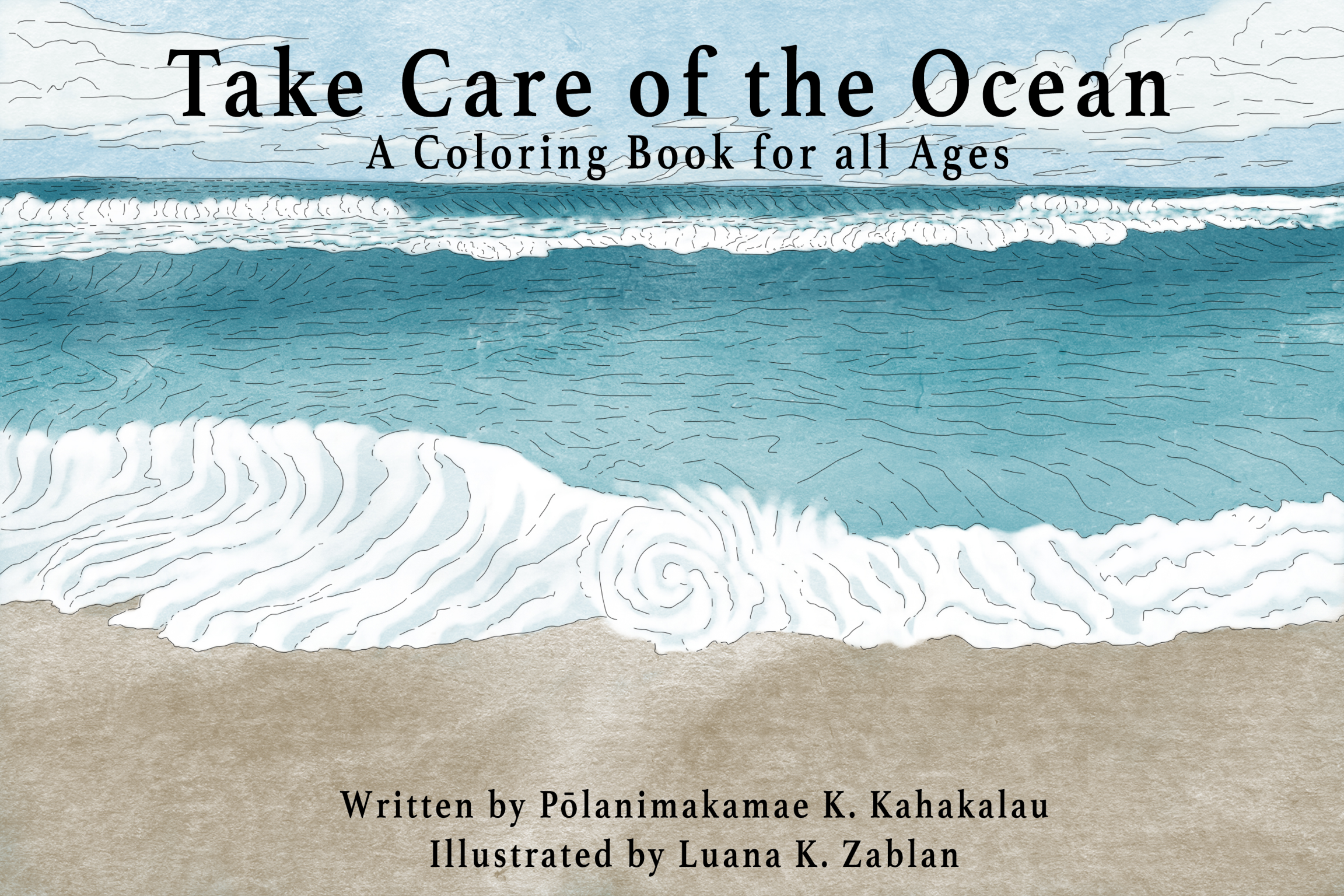


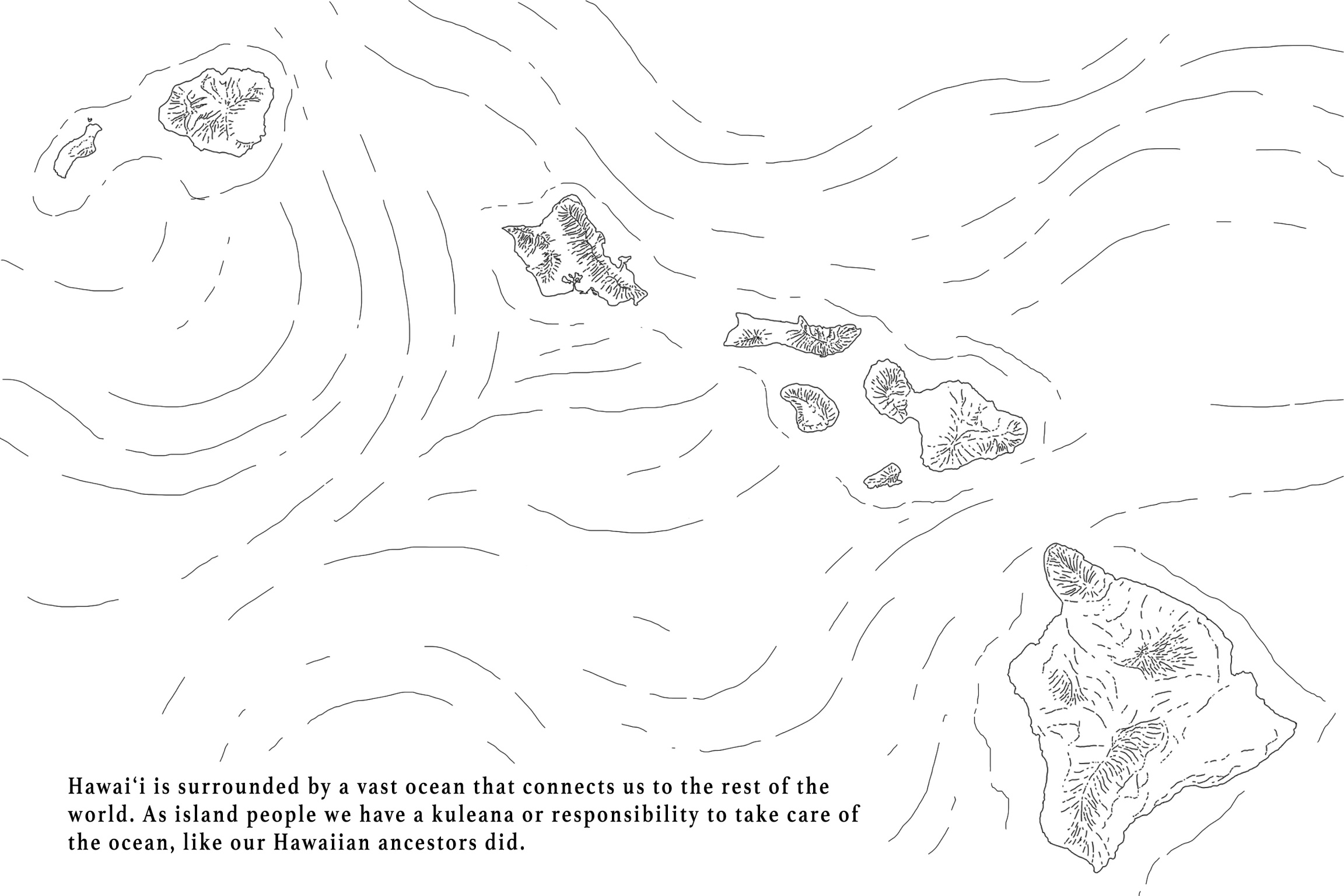
Take Care of the Ocean

A Coloring Book for all Ages

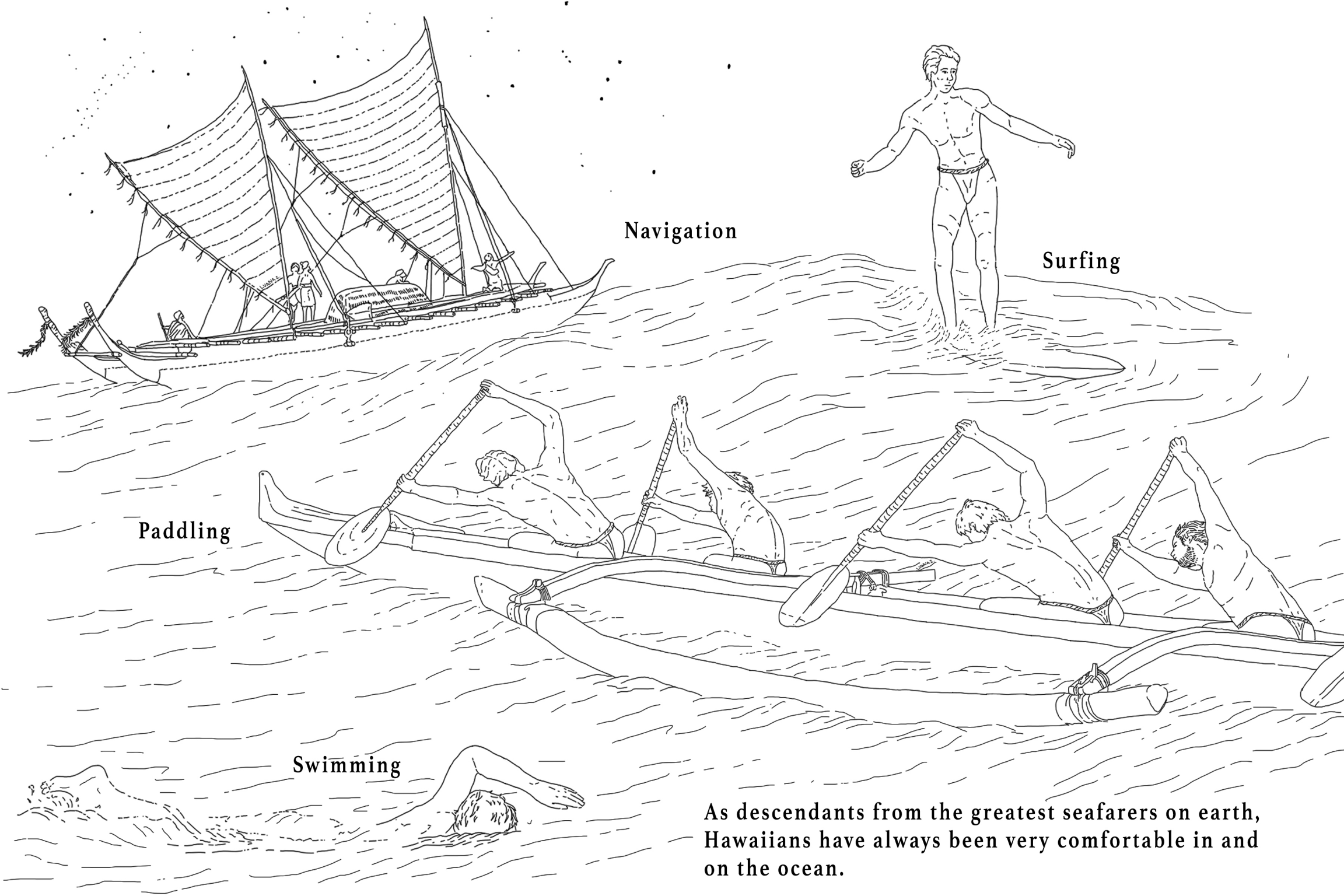


Written by Pōlanimakamae K. Kahakalau

Illustrated by Luana K. Zablan



Hawai‘i is surrounded by a vast ocean that connects us to the rest of the world. As island people we have a kuleana or responsibility to take care of the ocean, like our Hawaiian ancestors did.



Navigation

Surfing

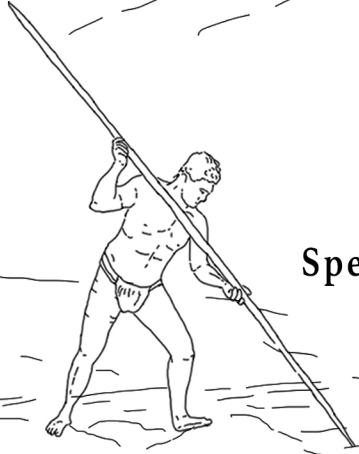
Paddling

Swimming

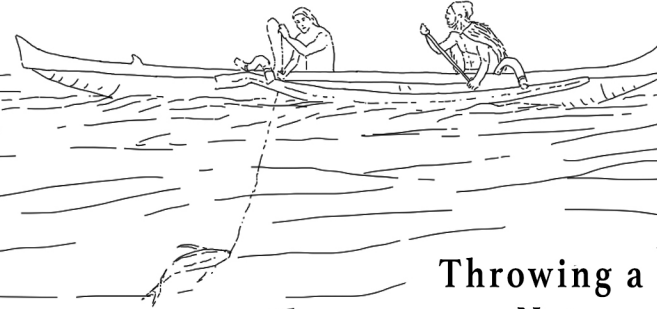
As descendants from the greatest seafarers on earth, Hawaiians have always been very comfortable in and on the ocean.

Many traditional Hawaiian fishing techniques are still used effectively today to sustain ourselves from the ocean.

Spear Fishing



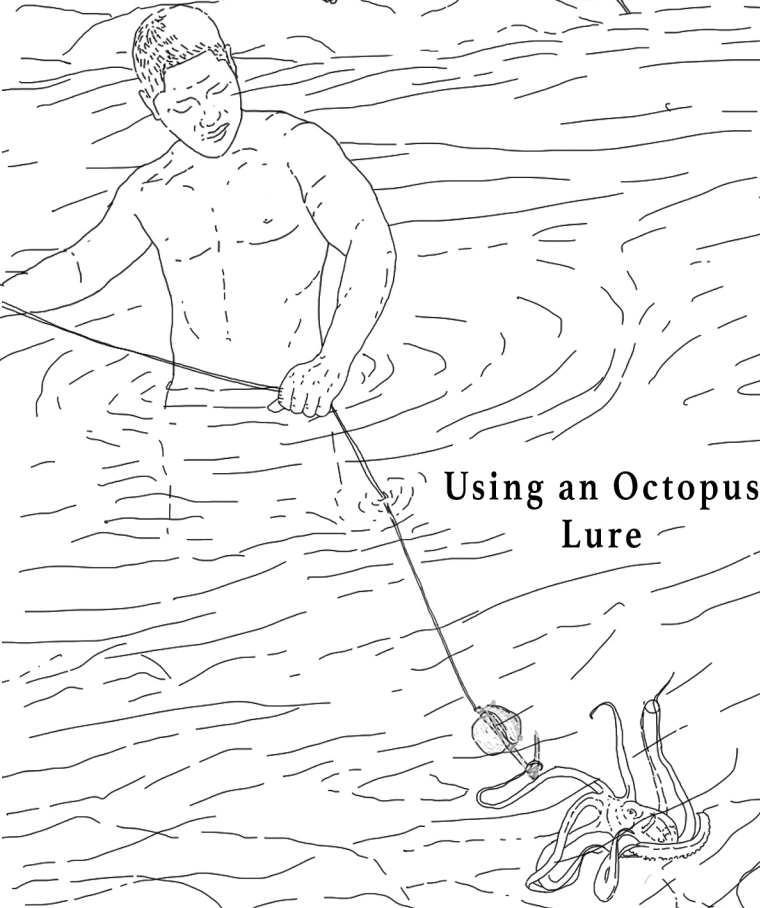
Using a Fishhook



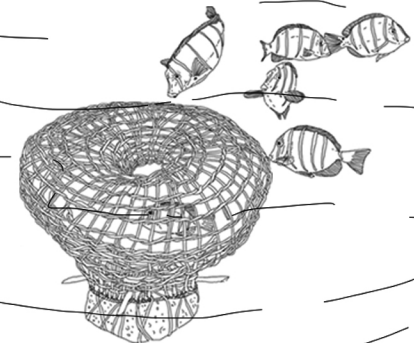
Throwing a Net



Using an Octopus Lure



Setting a Fish Trap



Our Hawaiian ancestors had a harmonious relationship with the ocean, taking only what they needed and showing their gratitude for the things supplied by the ocean. This is also our responsibility today.

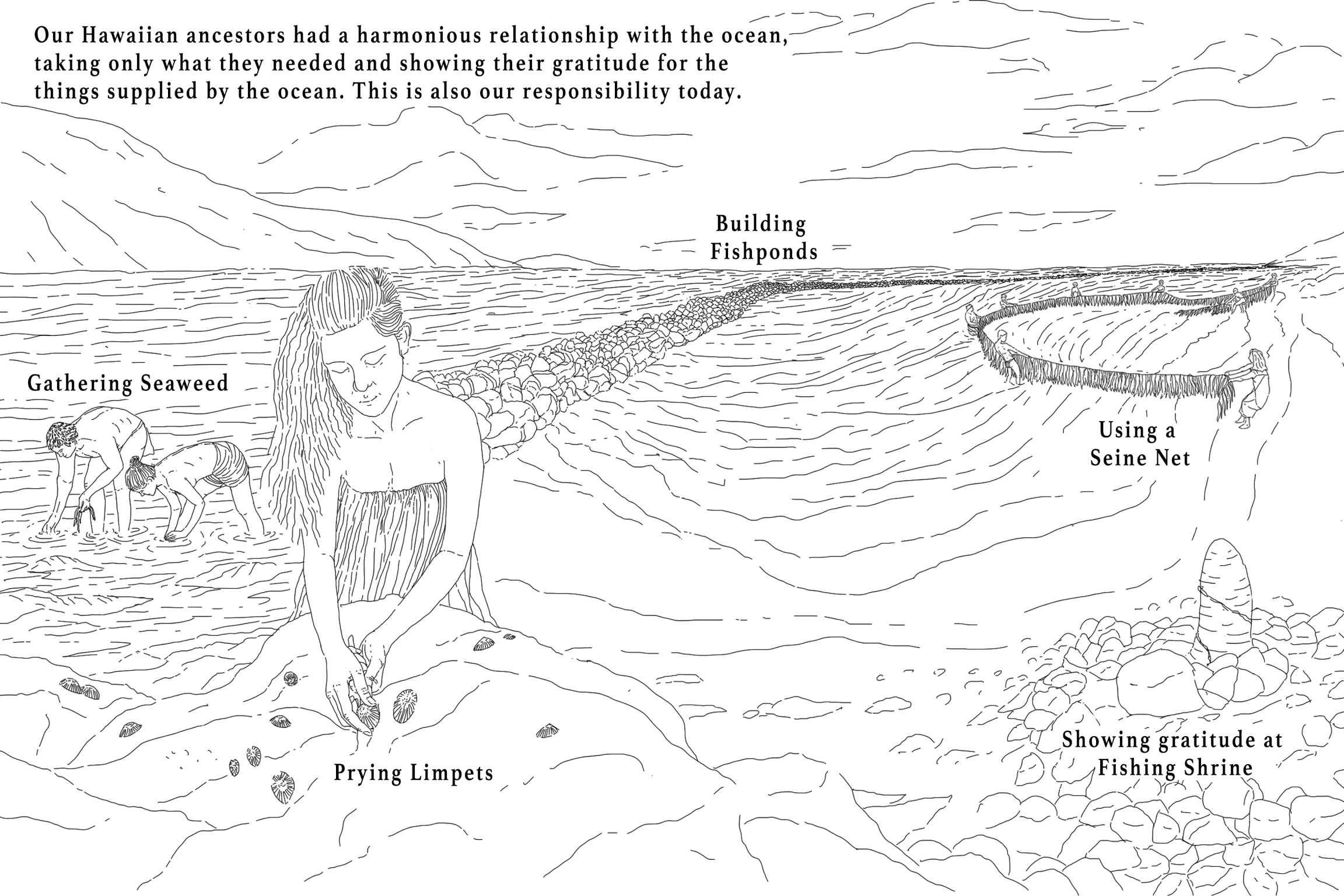
Gathering Seaweed

Building Fishponds

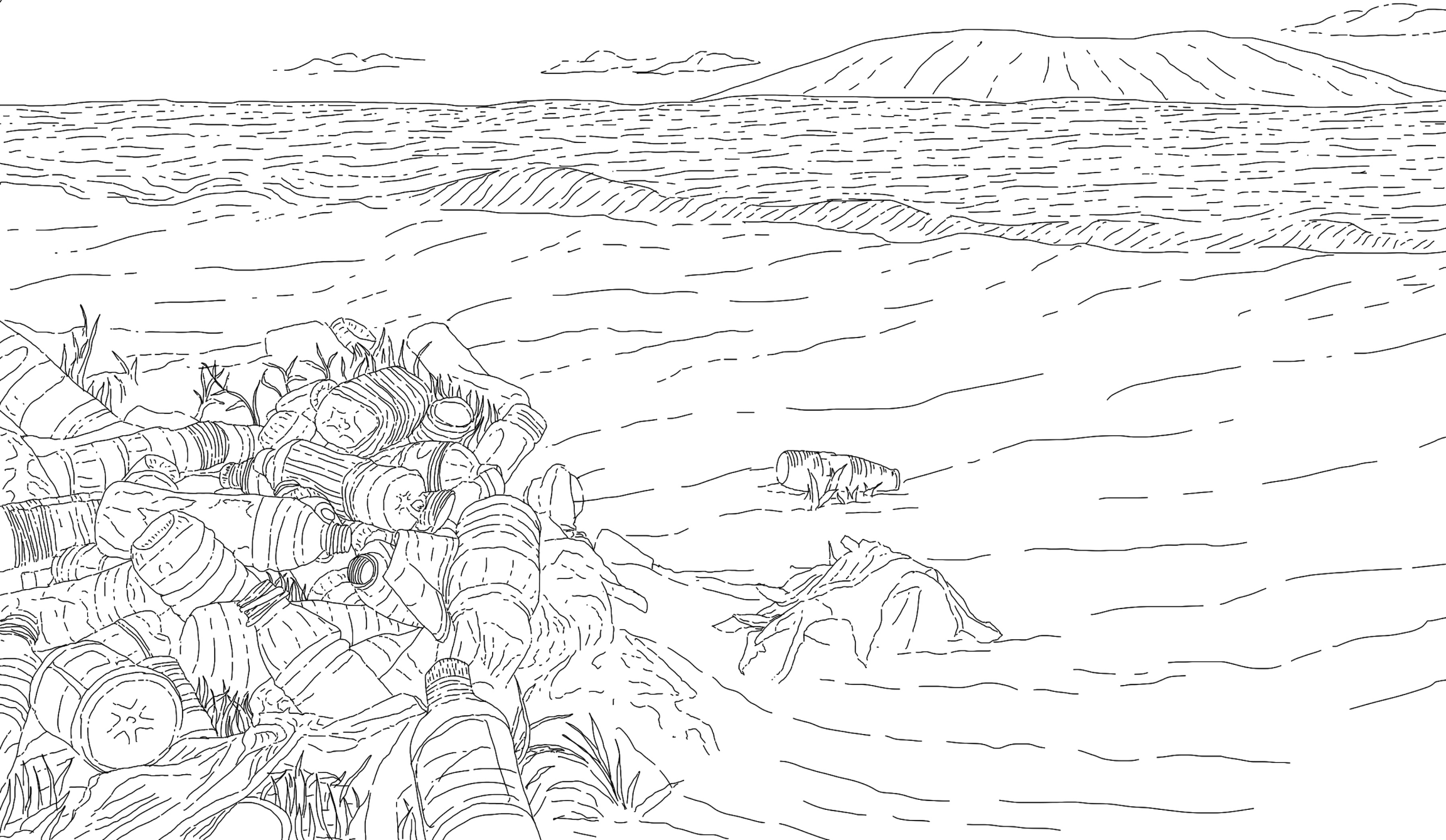
Using a Seine Net

Prying Limpets

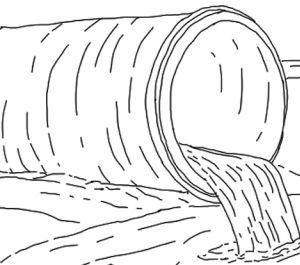
Showing gratitude at Fishing Shrine



Since the beginning of time, the ocean has provided for and taken care of Hawai'i's people. Unfortunately, over the past 200 years, many traditional practices which protected the ocean were almost forgotten.



This neglect of the ocean has resulted in many problems.



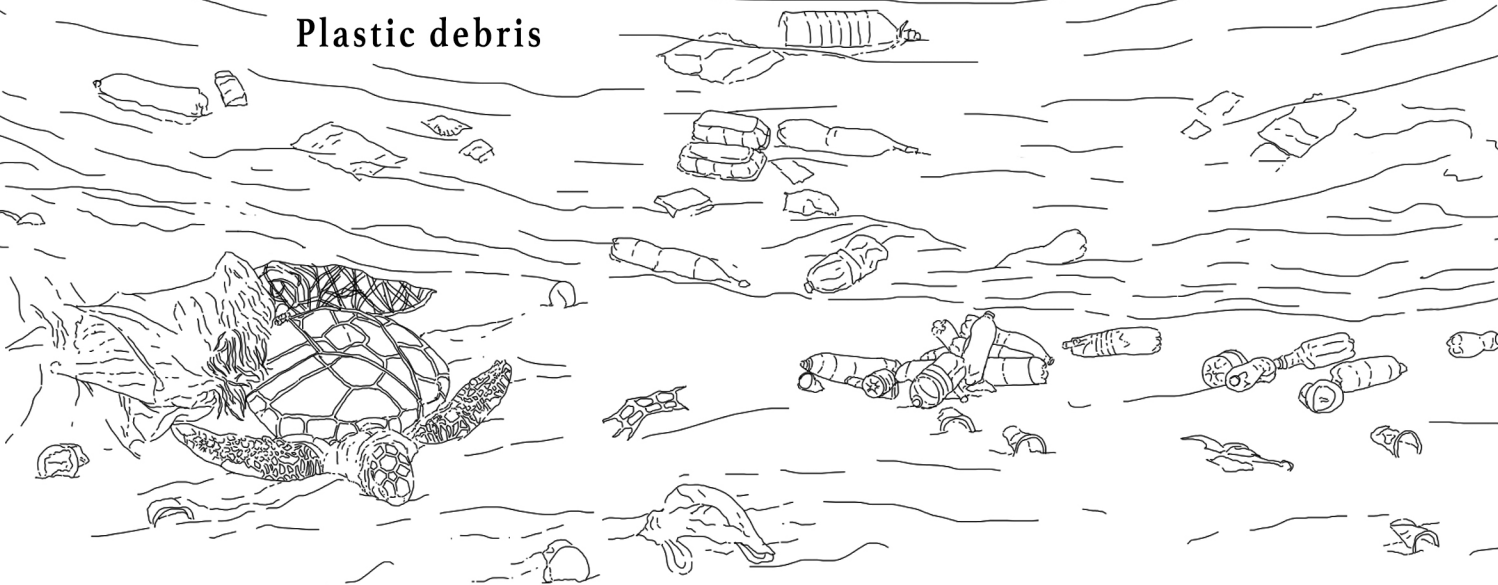
Runoff



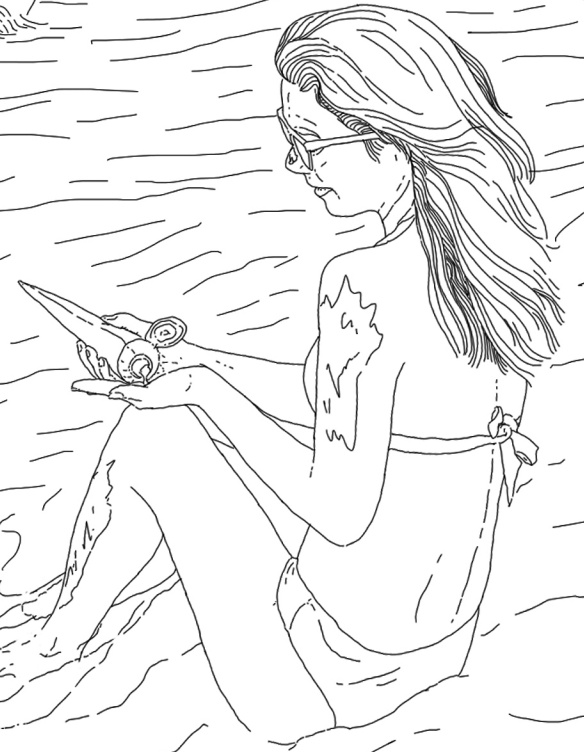
Noise Pollution



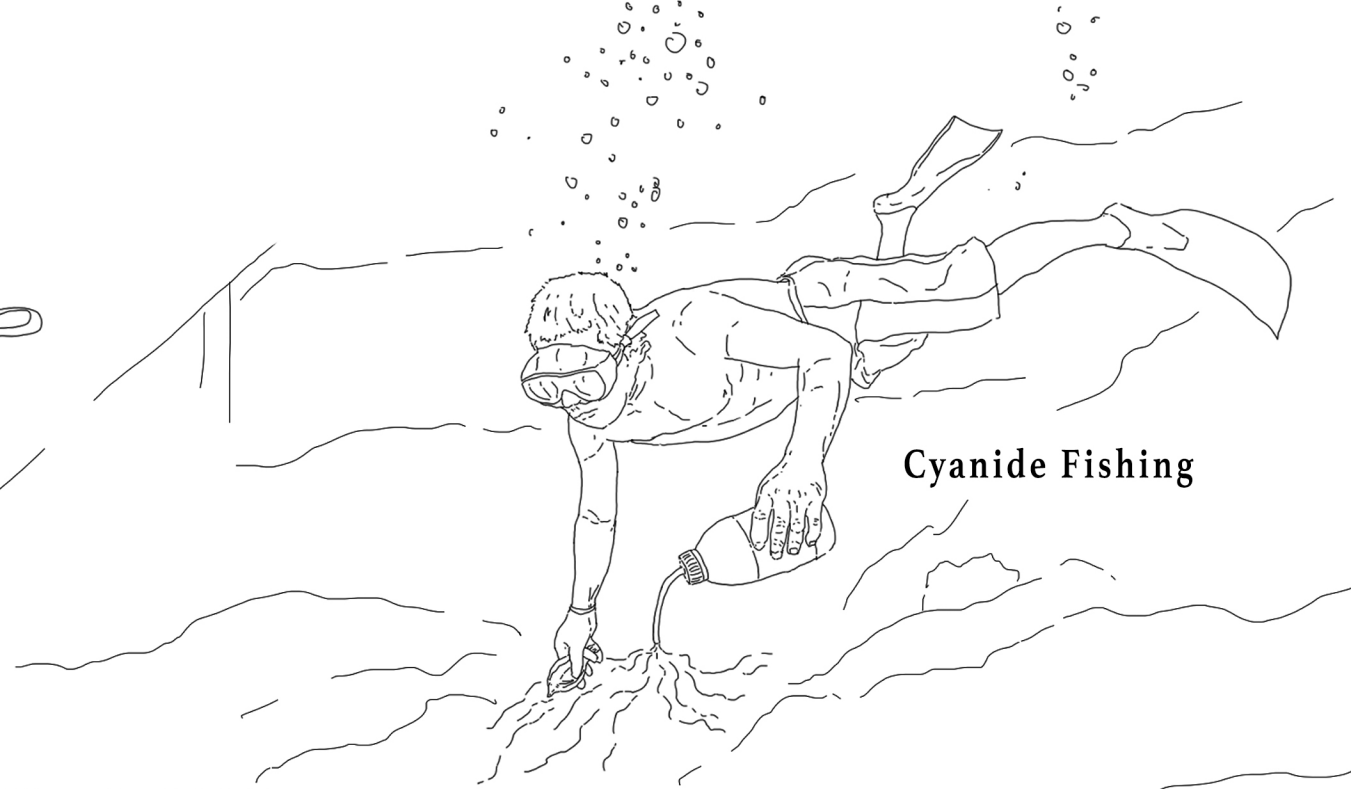
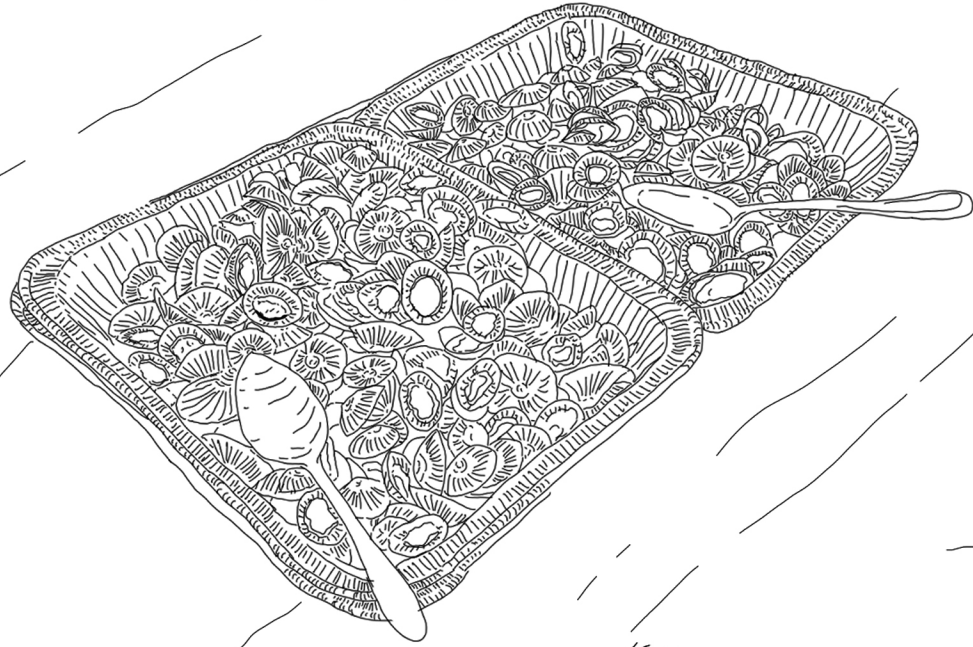
Plastic debris



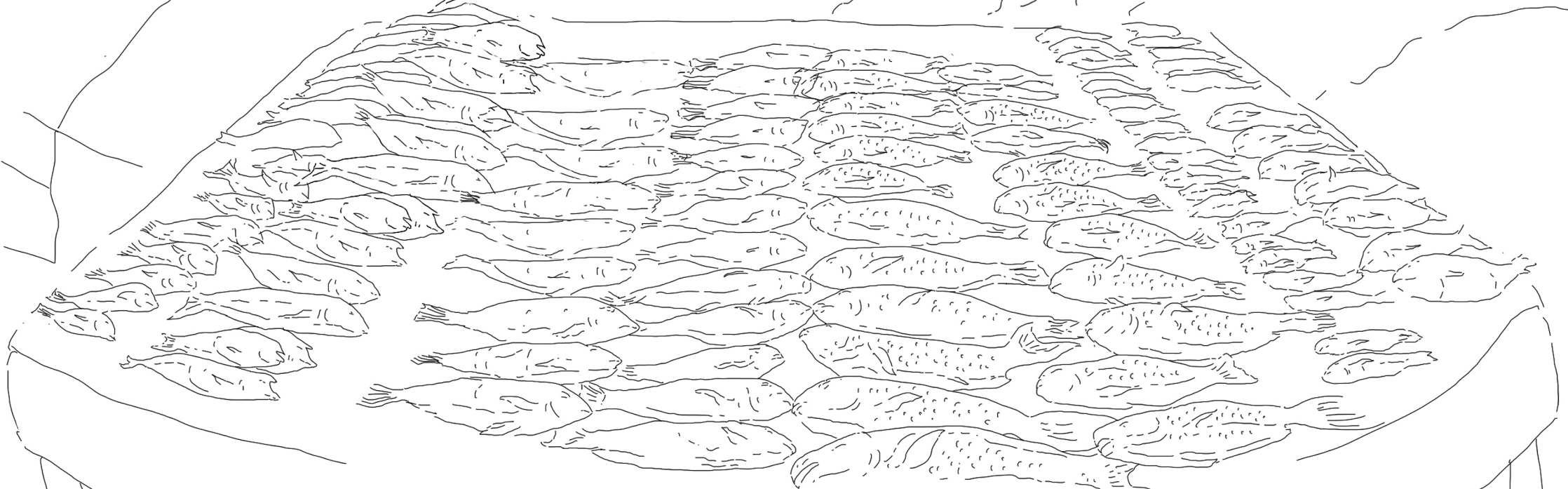
Sunscreen



Declining 'Opihi populations

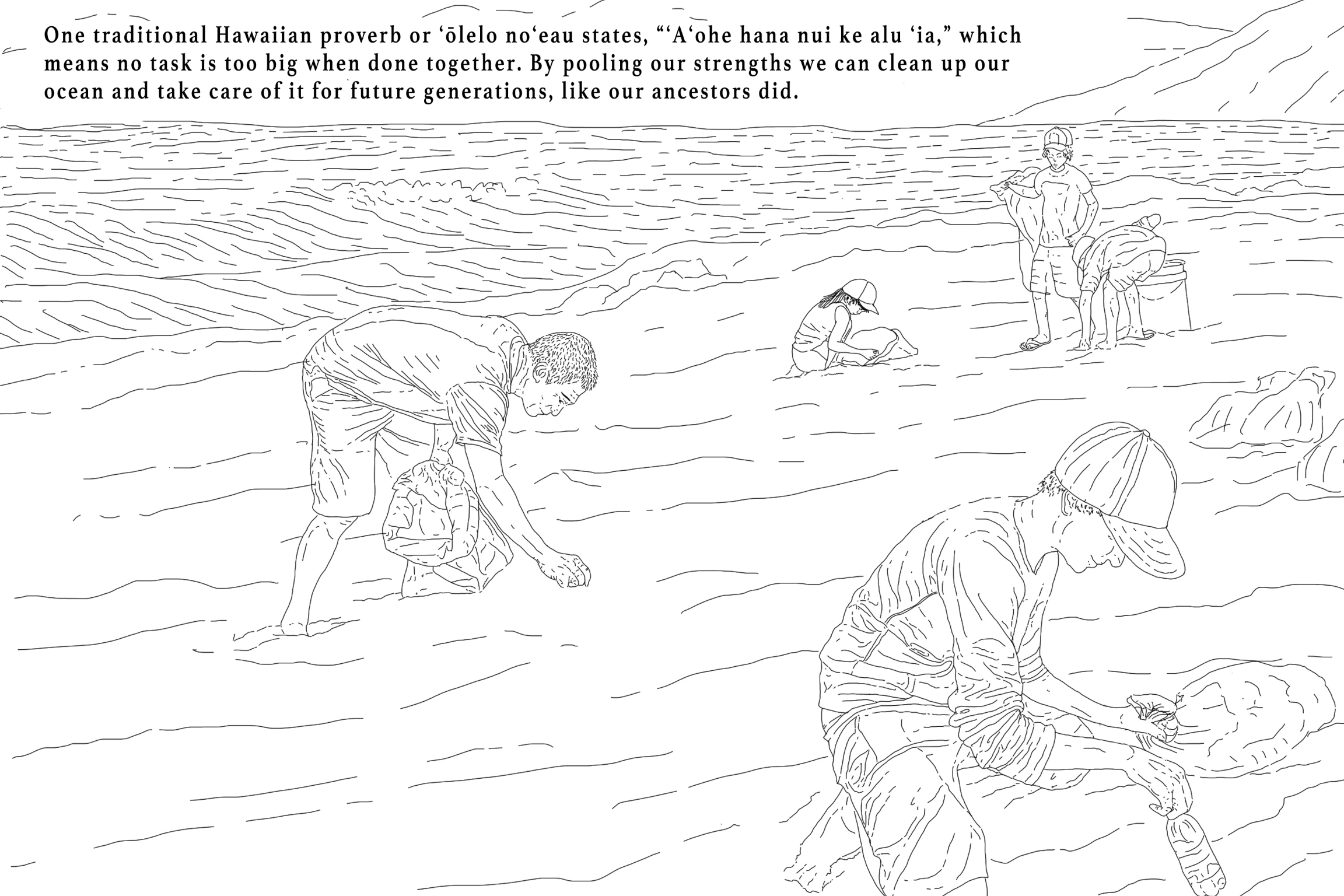


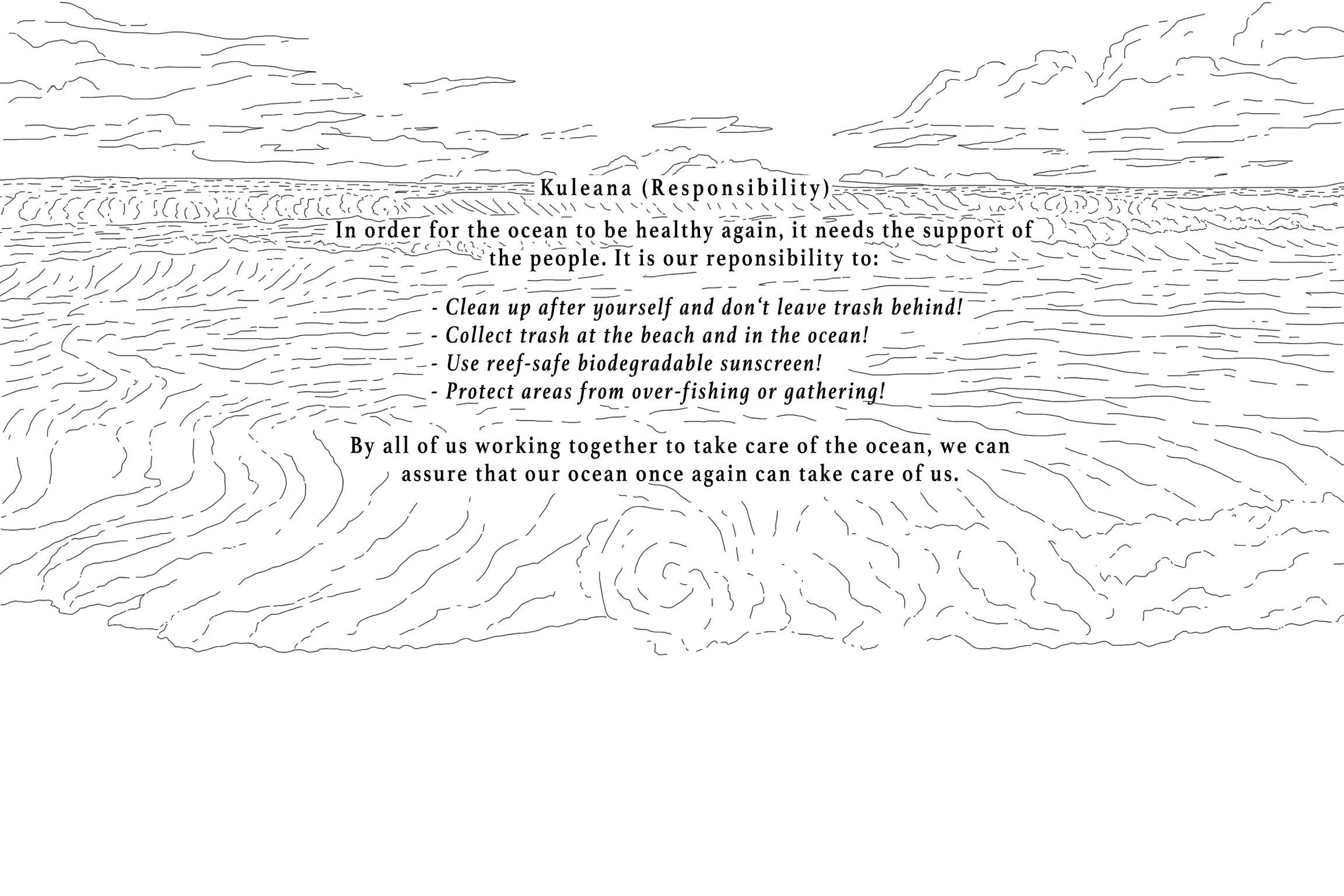
Cyanide Fishing



Overfishing and using illegal methods have caused a decline in many ocean delicacies.

One traditional Hawaiian proverb or ‘ōlelo no‘eau states, “A‘ohe hana nui ke alu ‘ia,” which means no task is too big when done together. By pooling our strengths we can clean up our ocean and take care of it for future generations, like our ancestors did.





Kuleana (Responsibility)

In order for the ocean to be healthy again, it needs the support of the people. It is our responsibility to:

- *Clean up after yourself and don't leave trash behind!***
- *Collect trash at the beach and in the ocean!***
- *Use reef-safe biodegradable sunscreen!***
- *Protect areas from over-fishing or gathering!***

By all of us working together to take care of the ocean, we can assure that our ocean once again can take care of us.

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Thank you Tutu Mary Kawena Puku‘i for the ‘Ōlelo No‘eau